

Quick Guide

APA 7th Referencing Style

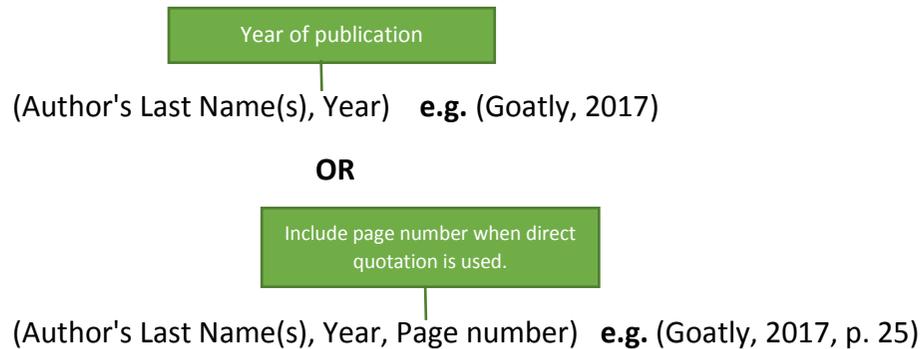
This guide provides a quick introduction to help you start using APA referencing style with examples of sources that are commonly cited. For full details please refer to the Publication Manual of the American Psychological Association, 7th Edition.

APA referencing style is an author-date citation style developed by the American Psychological Association and are widely used by several disciplines. It is made up of two components:

1. In-text citation: In-text citations appear in the body of your paper, they point the readers to the reference list.
2. Reference List: The list appears at the end of the paper, which shows the full details of the sources used in the paper.

In text citations

- Basic format:



- In-text citations can be presented in the form of parenthetical citation or narrative citation:

E.g. Early onset results in a more persistent and severe course (Kessler, 2003).

The full stop goes after the in-text citation.

E.g. Kessler (2003) found that among epidemiological samples...

E.g. In 2003, Kessler's study of epidemiological samples showed that...

- Include page number when direct quotation is used. The abbreviation for a single page is p. and the abbreviation for multiple pages is pp..

E.g. Newman (1994) concluded "sibling conflict is so common that its occurrence is taken for granted" (p. 123).

E.g. Such findings have prompted one researcher to conclude, “Sibling conflict is so common that its occurrence is taken for granted” (Newman, 1994, p. 123).

- Use block quote for quotation with more than 40 words. Block quotes should start on a new line and indent the block about 0.5 inch from the left margin.

E.g.

Shavers (2007) study found the following:

While research studies have established that socioeconomic status influences disease incidence, severity and access to healthcare, there has been relatively less study of the specific manner in which low SES influences receipt of quality care and consequent morbidity and mortality among patients with similar disease characteristics, particularly among those who have gained access to the healthcare system. (p. 1021)

The in-text citation goes after the period of the quote.

- If you cite a source which was cited within another work you read, identify the primary source and write “as cited in” the secondary source that you used.

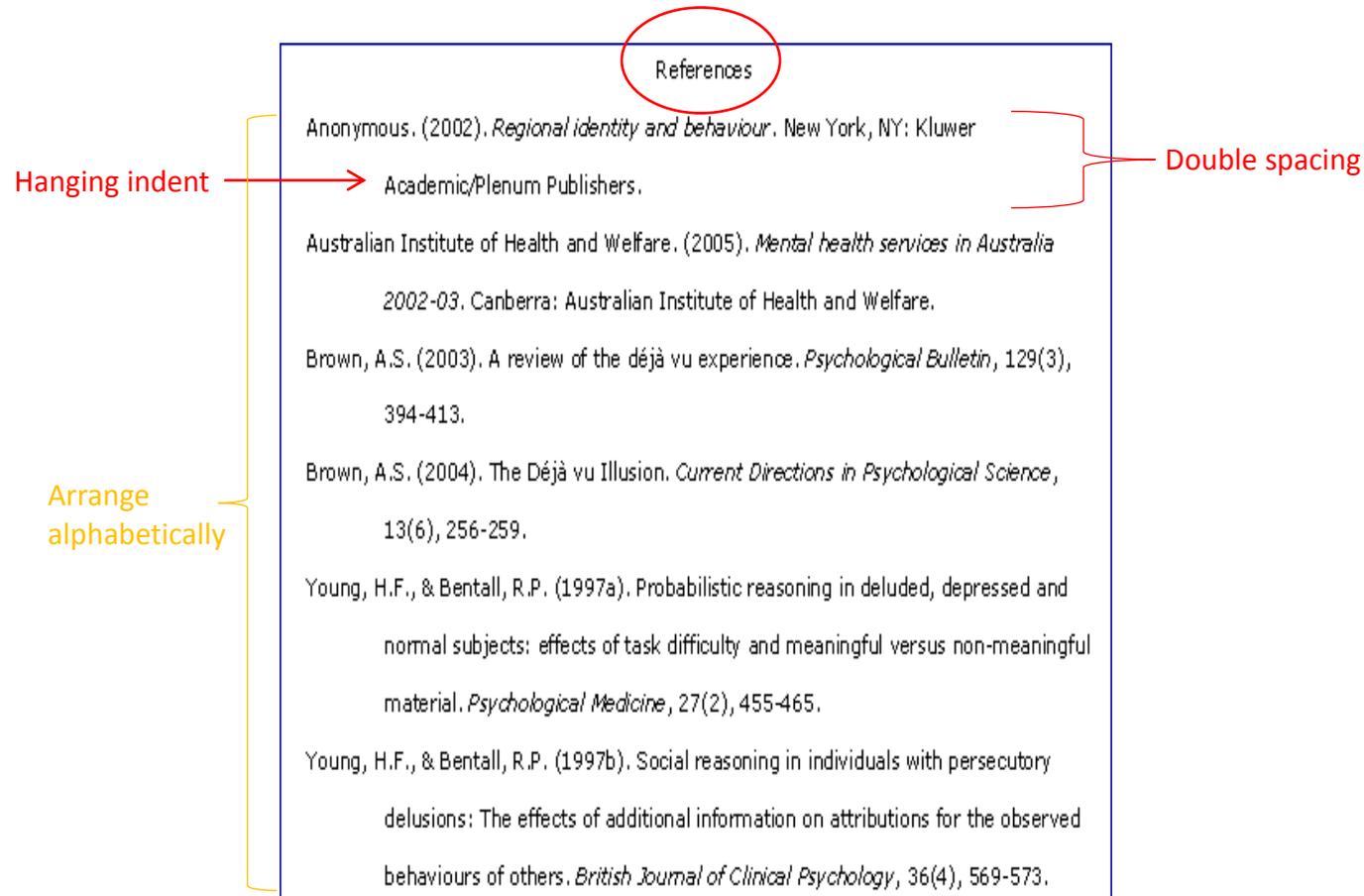
E.g. Seidenberg and McClelland’s study (as cited in Reid, 2007) found that the paranormal...

E.g. The study found that the paranormal ... (Seidenberg and McClelland, as cited in Reid, 2007).

★ Note that only the secondary reference (i.e. Reid’s article) should appear in the reference list.

Reference List

- Put the list on a separate page at the end of the paper.
- Write the word “References” at the top center of the page.
- Arrange the list alphabetically.
- The reference list is double spaced and formatted using a hanging indent.



EXAMPLES:

DIFFERENT TYPE OF AUTHORS

IN-TEXT CITATION		REFERENCE LIST
1 author	(Cochrane, 2007)	Cochrane, A. (2007). <i>Understanding urban policy: A critical approach</i> . Blackwell Publishing.
2 authors	(Palmer & Short, 2010) OR Palmer and Short (2010) suggested that...	Palmer, G. R., & Short, S. D. (2010). <i>Health care and public policy: An Australian analysis</i> (4th ed.). Palgrave Macmillan.
3 to 20 authors	(Stillings et al., 1995) OR Stillings et al. found that... ★ If two papers have first-listed authors with the same name, list as many names as needed to differentiate the works, followed by “et al.” Example: Fannon, Chan, Ramirez, Johnson, and Grimsdottir (2019) and Fannon, Chan, Montego, Daniels, and Miller (2019) can be cited as (Fannon, Chan, Ramirez, et al., 2019) and (Fannon, Chan, Montego, et al., 2019), respectively.	Stillings, N. A., Weisler, S. E., Chase, C. H., Feinstein, M. H., Garfield, J. L., & Rissland, E. L. (1995). <i>Cognitive science: An introduction</i> (2nd ed.). The MIT Press.

21 and more authors	(Pegion et al., 2019)	<p>Pegion, K., Kirtman, B. P., Becker, E., Collins, D. C., LaJoie, E., Burgman, R., Bell, R., DelSole, R., Min, D., Zhu, Y., Li, W., Sinsky, E., Guan, H., Gottschalck, J., Metzger, E. J., Barton, N. P., Achuthavarier, D., Marshak, J., Koster, R., . . . Kim, H. (2019). The subseasonal experiment (SubX): A multimodel subseasonal prediction experiment. <i>Bulletin of the American Meteorological Society</i>, 100(10), 2043-2061. https://doi.org/10.1175/BAMS-D-18-0270.1</p> <p>★ After the first 19 authors' names, use an ellipsis in place of the remaining author names. Then, end with the final author's name (do not place "&" before it)</p>
Different authors with the same last name	<p>Add initials to differentiate the authors: (R. Smith, 2010) (C. J. Smith & Laslett, 1993)</p>	<p>Smith, C., & Laslett, R. (1993). <i>Effective classroom management: A teacher's guide</i> (2nd ed.). Routledge.</p> <p>Smith, R. (2010). <i>Rethinking teacher education: Teacher education in the knowledge age</i>. AACLM Press.</p> <p>★ List them alphabetically by the authors' initials.</p>
Several works by the same author in different years	(Anderson, 2004, 2012)	<p>Anderson, C. (2004). <i>The long tail: Why the future of Business is selling less of more</i>. Hyperion.</p> <p>Anderson, C. (2012). <i>Makers: The new industrial revolution</i>. Crown Business.</p>

Several works by the same author in the same year	(Berndt, 2004a) (Berndt, 2004b)	Berndt, T. J. (2004a). Children's friendships: Shifts over a half-century in perspectives on their development and their effects. <i>Merrill Palmer Quarterly</i> , 50(3), 206-223. Berndt, T. J. (2004b). Friendship and three A's (aggression, adjustment, and attachment). <i>Journal of Experimental Child Psychology</i> , 88(1), 1-4.
No author	Cite the first few words of the reference list entry (usually the title) and the year: (<i>The Blackwell dictionary</i> , 1991).	<i>The Blackwell dictionary of cognitive psychology</i> . (1991). Blackwell.
Anonymous	If the author is given as "Anonymous", then use Anonymous as the author's name: (Anonymous, n.d.)	Anonymous. (n.d.). <i>Fun with flags</i> . ABC Press. ★ Use "n.d." when there is no publication date.
Organisation or group as author	(American Educational Research Association, 1985)	American Educational Research Association. (1985). <i>Standards for educational and psychological testing</i> . American Psychological Association.

BOOKS

	FORMAT	EXAMPLE OF REFERENCE LIST
Book	Author, A. A., & Author, B. B. (Year). <i>Title of work</i> (edition). Publisher.	Matthews, J. (1999). <i>The art of childhood and adolescence: The construction of meaning</i> . Falmer Press.
Edited book with no author	Editor, A. A., Editor, & B. B. (Eds.). (Year of publication). <i>Title of work</i> . Publisher.	Snyder, C. R. (Ed.). (1999). <i>Coping: The psychology of what works</i> . Oxford University Press.
Chapter in an edited book (each chapter has different authors)	Author, A. A. (Year). Title of chapter. In A. A. Editor (Ed.), <i>Title of book</i> (edition, pp. xx-xx). Publisher.	Richards, K. C. (1997). Views on globalization. In H. L. Vivaldi (Ed.), <i>Australia in a global world</i> (pp. 29-43). Century.
E-book	Author, A. A., & Author, B. B. (Year). <i>Title of work</i> (edition). Publisher. DOI or URL ★ The Digital Object Identifier (DOI) is a string of numbers, letters and symbols used to identify and link to a document on the web.	Rabinowitz, F. E. (2019). <i>Deepening group psychotherapy with men: Stories and insights for the journey</i> . American Psychological Association. https://doi.org/10.1037/0000132-000 Eckes, T. (2000). <i>The developmental social psychology of gender</i> . Lawrence Erlbaum Associates. https://prospero.murdoch.edu.au:443/record=b1600608
Translated book	Author, A. A. (Year). <i>Title of work</i> . (A. A. Translator, Trans.). Publisher. (Provide original work published year if it is available in the parentheses)	Zarraluki, P. (2014). <i>The history of silence</i> . (N. Caistor & L. García, Trans.). Hispabooks. (Original work published 1999)

JOURNAL ARTICLES

	FORMAT	EXAMPLE OF REFERENCE LIST
Journal article	Author, A. A., & Author, B. B. (Year). Title of article: Subtitle words. <i>Title of Journal</i> , volume number(issue number), pages.	Hanna, K. (2007). Adsorption of aromatic carboxylate compounds on the surface of synthesized iron oxide-coated sands. <i>Applied Geochemistry</i> , 22(9), 2045-2053.
E-journal article from a website (with DOI or URL)	Author, A. A., & Author, B. B. (Year). Title of article. <i>Title of Journal</i> , volume number(issue number), pages. DOI or URL ★ The Digital Object Identifier (DOI) is a string of numbers, letters and symbols used to identify and link to a document on the web.	With DOI: Borman, W. C., Hanson, M. A., Oppler, S. H., Pulakos, E. D., & White, L. A. (1993). Role of early supervisory experience in supervisor performance. <i>Journal of Applied Psychology</i> , 78(3), 443-449. https://doi.org/10.1037/0021-9010.78.3.443 With URL: Ahmann, E., Tuttle, L. J., Saviet, M., & Wright, S. D. (2018). A descriptive review of ADHD coaching research: Implications for college students. <i>Journal of Postsecondary Education and Disability</i> , 31(1), 24-58. https://www.ahead.org/professional-resources/publications/jped/archived-jped/jped-volume-31
E-journal article from a database (with or without DOI)	Author, A. A., & Author, B. B. (Year). Title of article. <i>Title of Journal</i> , volume number(issue number), pages. DOI ★ URLs should not be used for articles retrieved from academic research databases.	With DOI: Pempek, T.A., Yermolayeva, Y.A., & Calvert, S.L. (2009). College students' social networking experiences on Facebook. <i>Journal of Applied Developmental Psychology</i> , 3(2), 227-238. https://doi.org/10.1016/j.appdev.2008.12.010t

	<p>★ Do not include database information for articles retrieved from academic research databases.</p> <p>★ If there is no DOI, then the reference is the same with a print journal article.</p>	<p>Without DOI: Bogan, E., & Paun, E. (2011). The assimilation of immigrants into the British labor market. <i>Geopolitics, History, and International Relations</i>, 3(2), 272.</p>
--	---	--

NEWSPAPER ARTICLES

FORMAT		EXAMPLE OF REFERENCE LIST
Newspaper article	Author, A. A. (Year, Month Day). Title of article. <i>Title of Newspaper</i> , page numbers.	Bidey, S. (2018, January 1). Bid to curb youth crime. <i>Townsville Bulletin</i> , p. 13.
Newspaper article with no author	Title of article. (Year, Month Day). <i>Title of Newspaper</i> , page numbers.	Comstock drill plans reined in. (2009, January 9). <i>Upstream: The International Oil and Gas Newspaper</i> , p. 20.
Newspaper article with URL	Author, A. A. (Year, Month Day). Title of article. <i>Title of Newspaper</i> . URL	Hilts, P. J. (1999, February 16). In forecasting their emotions, most people flunk out. <i>The New York Times</i> . http://www.nytimes.com

WEBPAGE

FORMAT		EXAMPLE OF REFERENCE LIST
Webpage with a group author	Name of group. (Date). <i>Title of work</i> . Site name. URL ★ Date can be: (2020)	Centers for Disease Control and Prevention. (2018, January 23.) <i>People at high risk of developing flu-related complications</i> . http://www.cdc.gov/flu/about/disease/high_risk.htm

	<p>(2020, June) (2020, August 9) (n.d.)</p> <p>★ When the site name and the author are the same, omit the site name.</p>	
Webpage with an individual author	<p>Author, A. A. (Date). <i>Title of work</i>. Site name. URL</p>	<p>Martin Lillie, C. M. (2016, December 29). <i>Be kind to yourself: How self-compassion can improve your resiliency</i>. Mayo Clinic. http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/self-compassion-can-improve-your-resiliency/art-20267193</p>
Webpage with a retrieval date	<p>Name of group/Author, A. A. (Date). <i>Title of work</i>. Site name. Retrieved Month Day, Year, from URL</p> <p>★ If contents of a page are designed to change over time but are not archived, include a retrieval date in the reference.</p>	<p>U.S. Census Bureau. (n.d.). <i>U.S. and world population clock</i>. U.S. Department of Commerce. Retrieved January 9, 2020, from https://www.census.gov/popclock/</p>

THESES AND DISSERTATIONS

	FORMAT	EXAMPLE OF REFERENCE LIST
Unpublished printed thesis and dissertation	<p>Author, A. A. (Year). <i>Title of thesis</i> [Unpublished doctoral dissertation/master's thesis]. Name of University.</p>	<p>Harris, L. (2014). <i>Instructional leadership perceptions and practices of elementary school leaders</i> [Unpublished doctoral dissertation]. University of Virginia.</p>

Published thesis and dissertation from a database	Author, A. A. (Year). <i>Title of thesis (Identifier, if applicable)</i> [Thesis type, Name of University]. Database Name.	Kabir, J. M. (2016). <i>Factors influencing customer satisfaction at a fast food hamburger chain: The relationship between customer satisfaction and customer loyalty</i> (Publication No. 10169573) [Doctoral dissertation, Wilmington University]. ProQuest Dissertations & Theses Global.
Published thesis and dissertation from a repository	Author, A. A. (Year). <i>Title of thesis (Identifier, if applicable)</i> [Thesis type, Name of University]. Repository Name. URL	Zambrano-Vazquez, L. (2016). <i>The interaction of state and trait worry on response monitoring in those with worry and obsessive-compulsive symptoms</i> [Doctoral dissertation, University of Arizona]. UA Campus Repository. https://repository.arizona.edu/handle/10150/620615